



## Dr Manisha Singhal

MS (Counseling and Psychotherapy), Ph.D (Clinical Psychology), 14+ Years Experience

Dr Manisha Singhal is a top Clinical Psychologist in Noida at Apollo Hospitals Noida . Book appointment online with Dr Manisha Singhal at Ask Apollo.

### Hospitals

[Apollo Hospitals Noida](#) ,

Doctor's Working  
Weekdays  
Mon-Sat

Doctor's Working  
Hours  
13:00-15:00



Call Now



Book Appointment

## Overview

Dr. Manisha Singhal is a highly accomplished Clinical Psychologist based in Noida, Uttar Pradesh, with over 14 years of experience in the field of mental health. She holds advanced qualifications, including an MS in Counseling and Psychotherapy as well as a Ph.D. in Clinical Psychology, which equip her with a robust foundation to address a wide range of psychological concerns. Fluent in both English and Hindi, Dr. Singhal is committed to making psychological services accessible to a diverse client base, ensuring effective communication and understanding.

As an exclusive partner in her practice, Dr. Singhal specializes in techniques and therapies that cater to individual needs, promoting mental well-being and personal growth. Her approach is characterized by empathy and professionalism, creating a safe environment for her clients to express their feelings and concerns. Dr. Singhal's commitment to continuous learning and adapting to the latest methodologies in psychology reflects her dedication to providing the highest standard of care.

With a passion for helping others, Dr. Singhal is not only focused on treating mental health disorders but also emphasizes the importance of preventive care and mental wellness. Her expertise in clinical

psychology allows her to work effectively with individuals dealing with stress, anxiety, depression, and various emotional challenges.

Dr. Manisha Singhal's commitment to her patients and her professional achievements make her a trusted figure in the field of psychology, dedicated to guiding her clients toward a healthier and more fulfilling life.

## Awards

DR. MGR UNIVERSITY GOLD MEDALS 2002: ANATOMY, BIOCHEMISTRY, MICROBIOLOGY. BEST OUTGOING STUDENT (UG) 2008

HMA 2019 award by apollo hospital for project KEN.

Excellence award winner in HMA 2021 awards for project WISSEN international recognition.

## Frequently Asked Questions

### 1. Where does Dr. Manisha Singhal practice?

Dr. Manisha Singhal currently practices at Apollo Hospitals, located in Noida.

### 2. Who is Dr. Manisha Singhal?

Dr. Manisha Singhal is a highly experienced Clinical Psychologist with 14 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments.

### 3. Why do patients choose Dr. Manisha Singhal?

Patients trust Dr. Manisha Singhal for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### 4. What is Dr. Manisha Singhal's specialization?

Dr. Manisha Singhal specializes in Clinical Psychology, with expertise in Cognitive Behavioral Therapy (CBT), Psychodynamic Therapy, Mindfulness-Based Therapy, Exposure Therapy, Stress Management.

### 5. What are Dr. Manisha Singhal's medical qualifications?

Dr. Manisha Singhal holds prestigious qualifications, including MS (Counseling and Psychotherapy), Ph.D (Clinical Psychology),.

## **6. How many years of experience does Dr. Manisha Singhal have?**

Dr. Manisha Singhal has 14 years of experience in the medical field, treating various conditions related to Clinical Psychology.

## **7. How can I book an appointment with Dr. Manisha Singhal?**

You can book an appointment with Dr. Manisha Singhal through: Online: Visit

[<https://www.apollohospitals.com/book-doctor-appointment/>](<https://www.apollohospitals.com/book-doctor-appointment/>) to schedule an appointment.