



Dr Nirmal Mathew Alex

MBBS, MD (General Medicine) 17+ Years Experience

Dr Nirmal Mathew Alex is a top Internal Medicine Physician in Cochin at Apollo Adlux Hospital . Book appointment online with Dr Nirmal Mathew Alex at Ask Apollo.

Hospitals

Apollo Adlux Hospital ,

Doctor's Working
Weekdays
Mon - Sun

Doctor's Working
Hours
08:00 -17:30



Call Now



Book Appointment

Overview

Dr. Nirmal Mathew Alex is a distinguished General Physician and Internal Medicine Specialist with 17 years of extensive experience in providing high-quality medical care. Based in Ernakulam, Kerala, Dr. Alex has devoted his career to diagnosing and treating a wide range of health conditions, demonstrating a deep commitment to patient health and well-being. He holds a prestigious degree of MBBS followed by an MD in General Medicine, ensuring a solid foundation in medical knowledge and practice.

Fluent in multiple languages, including Malayalam, English, Tamil, Hindi, and Kannada, Dr. Alex is well-equipped to communicate effectively with a diverse patient population, making him an accessible choice for individuals from various backgrounds. His ability to connect with patients enhances their comfort and trust during consultations, ultimately leading to better health outcomes.

As part of the Apollo network, which is renowned for its commitment to excellence in healthcare, Dr. Nirmal Alex upholds the highest standards of medical practice. His dedication to his profession is evident through his continued pursuit of knowledge and the application of evidence-based practices in his treatment protocols.

Whether you're dealing with chronic illnesses, acute health issues, or general health inquiries, Dr. Nirmal Alex is a reliable partner in your journey to better health. His blend of clinical expertise, compassionate care, and patient-centric approach makes him a valuable asset in the field of internal medicine.

Experience

- Senior Resident and Consultant – JSS Medical College ,Mysuru (7/2019 – 02/2022)
- Medical Officer and Consultant – GOVT PHC Kappukunnu, Wayanad(05/2019 – 06/2019)
- Consultant Physician – MAGJ Hospital, Angamaly (02/2017 – 04/2019)
- Medical Officer – GOVT PHC Kottathara, Wayanad (06/2012 – 06/2013)

Frequently Asked Questions

1. Where does Dr. Nirmal Mathew Alex practice?

Dr. Nirmal Mathew Alex currently practices at Apollo Adlux Hospital, located in Cochin.

2. Who is Dr. Nirmal Mathew Alex?

Dr. Nirmal Mathew Alex is a highly experienced Internal Medicine Specialist with 17 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments. She areas of expertise include Hypertension Control Therapy, Diabetes Management. She also treats conditions such as Hypertension, Diabetes.

3. Why do patients choose Dr. Nirmal Mathew Alex?

Patients trust Dr. Nirmal Mathew Alex for she expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

4. What is Dr. Nirmal Mathew Alex's specialization?

Dr. Nirmal Mathew Alex specializes in Internal Medicine, with expertise in treatments for Hypertension Control Therapy, Diabetes Management.

5. What are Dr. Nirmal Mathew Alex's medical qualifications?

Dr. Nirmal Mathew Alex holds prestigious qualifications, including MBBS, MD (General Medicine).

6. How many years of experience does Dr. Nirmal Mathew Alex have?

Dr. Nirmal Mathew Alex has 17 years of experience in the medical field, treating various conditions related to Internal Medicine.

7. How can I book an appointment with Dr. Nirmal Mathew Alex?

You can book an appointment with Dr. Nirmal Mathew Alex through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.