

# Dr Prof Amit Kumar Agarwal

MBBS, MS (Orth) PGI, DNB (Orth), MCh (Orth) USAIM, MCh (Orth) UK, MNAMS, MIMSA, Dip.SICOT (Belgium) 15+ Years Experience

Dr Prof Amit Kumar Agarwal is a top Orthopedician in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Prof Amit Kumar Agarwal at Ask Apollo.

## Hospitals

Apollo Hospitals, Delhi ,

Doctor's Working  
Weekdays  
Mon-Sat

Doctor's Working  
Hours  
09:00-15:00



Call Now



Book Appointment

## Overview

Dr. Amit Kumar Agarwal is a highly qualified Orthopaedician based in South Delhi, Delhi. With an impressive 15 years of experience in the field, he has established a reputation for providing exceptional care and expertise in orthopaedic treatments. Dr. Agarwal holds multiple advanced qualifications including MBBS, MS (Ortho), DNB (Ortho), MCh (Ortho), MNAMS, MIMSA, and a Dip SICOT, reflecting his dedication to advancing his knowledge and skills in orthopaedics. His commitment to excellence in practice was recognized when he received the prestigious Apollo Young Academician Award in 2018. Fluent in both English and Hindi, Dr. Agarwal ensures clear communication with his patients, allowing them to feel comfortable discussing their concerns and treatment plans. As an Exclusive Partner in the Apollo network, he is dedicated to enhancing the health and well-being of his patients through personalized and evidence-based treatment approaches.

Dr. Agarwal is not just focused on surgical interventions; he is also devoted to educating his patients about preventive measures and rehabilitation practices. His passion for orthopaedics combined with a compassionate approach makes him a trusted choice for individuals seeking expert care for

musculoskeletal issues. For those in need of a skilled orthopaedic specialist in the South Delhi area, Dr. Amit Kumar Agarwal stands out as a reliable option.

## Experience

- Working in Apollo Hospitals since last Assignment

## Membership

- Indian Orthopaedic Association
- Indian Arthroscopy Society
- Société Internationale de Chirurgie Orthopédique et de Traumatologie (SICOT)
- National Academy of Medical Sciences
- Member Of International Medical Science Academy

## Awards

- Recipient of “Rastriya Gaurav” award 2016.
- Received “ Best doctor in Neurosurgery (east zone) award “ under India Health Care Award 2016.
- Presented indigenous ICP monitoring system at World Congress of Neurosurgery, Seoul, 2013.

## Research and Publication

- Publications as first author
- Agarwal AK, Sen R, Tripathy SK, et al. Is there any role of inhalational corticosteroids in the prophylaxis of post- traumatic fat embolism syndrome?. Cureus. 2015; 7(9):e332.
- Agarwal AK. Proximal focal femoral deficiency. Medscape(e-medicine); December 2016.
- Publications as Co-author
- Vaishya R, Agarwal AK, Vijay V, Vaish A. Metachronous multicentric giant cell tumor in a young lady. BMJ Case Reports 2015. pii: bcr2015209368.
- Vaishya R, Vijay V, Agarwal AK, Vaish A. Arthroscopic surgery for degenerative knee: systematic review and meta-analysis of benefits and harms. BMJ. 2015; 350 doi: <http://dx.doi.org/10.1136/bmj.h2747>
- Vaishya R, Agarwal AK, Vijay V. Lessons learnt from a case of multiple myeloma. BMJ Case Reports. 2015; pii: bcr2015211358.

- Vaishya R, Agarwal AK, Vijay V. An unusual cause of focal hand dystonia due to retained implant of distal radius. *BMJ Case Reports*. 2016; pii: bcr2015213296.
- Vaishya R, Vijay V, Agarwal AK. Letter to the Editor on “Can Total Knee Arthroplasty Be Safely Performed Among Nonagenarians? An Evaluation of Morbidity and Mortality Within a Total Joint Arthroplasty Registry”, *J Arthroplasty* 2015; 30(1): 156-7.
- Vaishya R, Vijay V, Agarwal AK. Letter to the editor on “Bilateral Total Hip Arthroplasty has Similar Complication Rates to Unilateral Total Hip Arthroplasty”. *J Arthroplasty*. 2015;30(10):1856.
- Vaishya R, Vijay V, Agarwal AK. Functional outcome and quality of life after Patient-Specific Instrumentation (PSI) in Total Knee Arthroplasty (TKA): our concerns. *J Arthroplasty*. 2016;31(4):924.
- Vaishya R, Demesugh M D, Agarwal AK, Vijay V. Multiple atraumatic osteoporotic vertebral fractures: an unusual cause of back pain in a young adult. *Apollo Medicine*. 2015;12(2):144-47.
- Vaishya R, Agarwal AK, Vijay V, Shrivastava VK. A hidden cause of troublesome finger pain in an adult. *Apollo Medicine*. 2015;12 (3): 216–17.
- Vaishya R, Vijay V, Agarwal AK. An unusual cause of dysphagia. *Apollo Medicine*. 2015; 12(4): 287-88.
- Vaishya R, Vijay V, Agarwal AK. Multiple ‘stones’ in the knee. *Apollo Medicine*. 2016; 13 (1): 69-70.
- Vaishya R, Vijay, Singh H, Agarwal AK. Arthroscopic retrieval of a bullet from the knee. *Apollo Medicine*. 2016; 13 (2): 127-132.
- Vaishya R, Vijay V, Agarwal AK, Jha GK . Arthroscopic assisted ankle arthrodesis: a surgery simplified. *Apollo Medicine*. 2015; 12(4): 280-282.
- Vaishya R, Agarwal AK, Vijay V. 'Salvage Treatment' of Aggressive Giant Cell Tumor of Bones with Denosumab. *Cureus*. 2015;7(7): e291.
- Vaishya R, Agarwal AK, Singh H, Vijay V. A novel trans-fibular approach for the nonunion of tibial shaft fractures with poor antero-medial skin. *Cureus*. 2015;7(9):e315.
- Vaishya R, Agarwal AK, Vijay V et al. Surgical management of musculoskeletal injuries after 2015 Nepal earthquake: our experience. *Cureus*. 2015; 7(8): e306.
- Vaishya R, Agarwal AK, Ingole S, Vijay V. Current trends in Anterior Cruciate Ligament Reconstruction. *Cureus*. 2015;7(11):e378.
- Vaishya R, Agarwal AK, Gupta N, Vijay V. Fibro-cartilaginous Dysplasia of the bone: a rare variant of fibrous dysplasia. *Cureus*. 2016; 8(1): e448.
- Vaishya R, Agarwal AK, Vijay V. Extensor mechanism disruption after total knee arthroplasty: a case series and review of literature. *Cureus*. 2016, 8(2): e479.
- Vaishya R, Agarwal AK, Vijay V, Vaish A. Heterotopic ossification circumferentia articularis (hoca) of both knee joints after guillain-barré syndrome. *Cureus*. 2016, 8(2): e480.

- Vaishya R, Agarwal AK, Vijay V. An unusual cause of fever in a patient with total hip arthroplasty. *Cureus*. 2016, 8(2): e496.
- Vaishya R, Agarwal AK, Singh H, Vijay V. Brown tumor masquerading as metastatic bone disease. *Cureus*. 2015;7(12): e431.
- Gupta M, Mittal MK, Agrawal K, Agarwal AK, Thukral BB. Gorlin-goltz syndrome - a rare cause of recurrent jaw pain in a young child. *Cureus*. 2015; 7(9):e313.
- Vaishya R, Agarwal AK, Edomwyonyi EO, Vijay V. Musculoskeletal manifestations of sickle cell disease: A review. *Cureus*. Oct 2015; 7(10): e358.
- Vaishya R, Agarwal AK, Gupta N, Vijay V. Reversed distal femur locking plate for failed proximal femoral nail with non union of proximal femur fracture. *Int Orthop*. 2016;40(8):1709-15.
- Vijay V, Vaishya R, Agarwal AK. Local infiltration analgesia v/s standard analgesia in TKA: some concerns. *J Orthop Surg (Hong Kong)*. 2015; 23 (3): 406-407.
- Vaishya R, Agarwal AK, Ingole S, Vijay V. Current practice variations in the management of anterior cruciate ligament injuries in Delhi. *J Clin Orthop Traum*. 2016; 7(3): 193-9.
- Vaishya R, Vijay V, Demesugh DM, Agarwal AK. Surgical approaches for total knee arthroplasty. *J Clin Orthop Traum*. 2016; 7(2): 71-9.
- Vaishya R, Vijay V, Jha G, Agarwal AK. Open reduction and internal fixation of capitellum fracture through anterolateral approach with headless double threaded compression screws: a series of 16 patients. *J Shoulder Elbow Surg*. 2016;25(10):e313.
- Vaishya R, Agarwal AK, Gupta N, Vijay V. Bilateral segmental pelvic and femoral fractures in a young female: A rare case report. *Chinese J Traumatol* (2016), <http://dx.doi.org/10.1016/j.cjtee.2016.01.017>.
- Vaishya R, Gupta N, Vijay V, Agarwal AK. Comment on “A Systematic Literature Review of Three Modalities in Technologically Assisted TKA”. *Adv Orthop*. 2016; 6539878.
- Sen RK, Prakash S, Tripathy SK, Agarwal AK, Sen IM. Inhalational Ciclesonide found beneficial in prevention of fat embolism syndrome and improvement of hypoxia in isolated skeletal trauma victims. *Eur J Trauma and Emer Surg*. 2016; DOI:10.1007/s00068-016-0633-1. (ahead of print).
- Gupta M, Mittal MK, Thukral BB, Agarwal AK. Coracoclavicular Joint: A Rare Entity. *Orthop Muscular Syst*. 2015; 4:196.
- Gupta M, Mittal MK, Agrawal K, Agarwal AK, Thukral BB. Primary Tubercular Osteomyelitis of Manubrio Sternal Joint: A Case Report. *Mycobact Dis*. 2015; 5:188.
- Vaishya R, Vijay, Singh H, Agarwal AK. Novel technique for percutaneous biopsy of a peri-acetabular lesion. *Ann R Coll Surg Engl*. 2016; 98: 339–346.
- Vaishya R, Vijay V, Agarwal AK, Jahangir J. Resurgence of vitamin D: Old wine in new bottle. *J Clin Orthop Traum*. 2015; 6(3):173-183.

- Vaishya R, Agarwal AK, Vijay V. Osteoarthritis of the hips in hereditary multiple exostoses. *Apollo Medicine*. 2015; 12(1). DOI:10.1016/j.apme.2015.02.014.
- Vaishya R, Agarwal AK, Vijay V. Diagnostic and management dilemma in a case of low back pain. *Apollo Medicine*. 2015; 12(1). DOI:10.1016/j.apme.2015.02.013
- Vaishya R, Agarwal AK, Vijay V, Mancha DG. Single-stage management of a neglected radial club hand deformity in an adult. *BMJ Case Rep*. 2015; pii: bcr2014208682.
- Trikha V, Goyal T, Agarwal AK. Multiple floating metatarsals: a unique injury. *Chin J Traumatol*. 2013; 16(2):110-2.
- Gopinathan NR, Sen RK, Viswanathan VK, Agarwal AK, et al. Early, reliable, utilitarian predictive factors for fat embolism syndrome in polytrauma patients. *Indian J Critic Care Med*. 2013; 17:38-42.
- Purushothaman B, Agarwal AK, Dawson M. Posttraumatic Chronic Patellar Dislocation Treated by Distal Femoral Osteotomy and Medial Patellofemoral Ligament Reconstruction. *Orthopedics*. 2012; 35(11):e1668-72.
- Soni RK, Mehta SM, Awasthi B, Singh JL, Agarwal AK, et al. Radiation-free Insertion of Distal Interlocking Screw in Tibial and Femur Nailing: A Simple Technique. *J Surg Tech Case Rep*. 2012; 4(1):15-18.
- Sen RK, Tripathy SK, Kumar A, Agarwal AK, et al. Metaphyseal-diaphyseal junction fracture of distal humerus in children. *J pediatric orthop*. 2011; 21(2):109-14.
- Sen RK, Tripathy SK, Agarwal AK, Tamuk T. Battered baby with multiple epiphyseal separations: Case report and review of literature. *European J Orthop Surg Traumatol*. 2011; 21 (6):423-427.
- Tripathy SK, Saini R, Sudes P, Dhillon MS, Gill SS, Sen RK, Agarwal AK, et al. Application of the Ponseti principle for deformity correction in neglected and relapsed clubfoot using the Ilizarov fixator. *J pediatric orthop*. 2011; 20(1):26-32.
- Sen RK, Tripathy SK, Aggarwal S, Agarwal AK, et al. Broken kirschner or guide-wire retrieval: A report of 4 cases. *Hip international*. 2010; 20(4):551-4.
- Sen RK, Tripathy SK, Virk MS, Aggarwal S, Saini R, Agarwal AK. Traumatic separation of capital femoral epiphysis in children: What has changed since Ratliff's era? Report of five cases and review of literature. *European J Orthop Surg & Traumatol*. 2010; 20 (1):29-35.
- Sen RK, Tripathy SK, Dhatt S, Saini R, Aggarwal S, Agarwal AK. Primary tuberculous pyomyositis of forearm muscles. *The Indian journal of tuberculosis*. 2010; 57(1):34-40.
- Tripathy SK, Sen RK, Agarwal AK. Fibular grafting in diaphyseal Gorham's disease: Report of two cases and review of literature. *European J Ortho Surg Traumatol*. 2009; 19(7): 485-490.
- Vaishya R, Kapoor C, Golwala P, Agarwal AK, Vijay V. A Rare Giant Cell Tumour of the Distal Fibula and its Management. *Cureus*. 2016; 8(7):e666.

- Vaishya R, Kapoor C, Agarwal AK, Vijay V. A Rare Presentation of Ganglion Cyst of the Elbow. Cureus. 2016; 8(7): e665.
- Vaishya R, Birla VP, Vijay V, Agarwal AK. Computerized tomography based " patient specific blocks " improve postoperative mechanical alignment in primary total knee arthroplasty. World J Orthop. 2016;7(7):426-433.
- Vaishya R, Pariyo GB, Agarwal AK, Vijay V. Non-operative management of osteoarthritis of the knee joint. J Clinic Orthop Trauma. 2016; 7(3):170-176.
- Vaishya R, Vijay V, Jha GK, Agarwal AK. Prospective study of the anterior cruciate ligament reconstruction associated with high tibial opening wedge osteotomy in knee arthritis associated with instability. J Clinic Orthop Trauma. 2016;7(4):265-271.
- Vaishya R, Khatri V, Agarwal AK, Vijay V. Spontaneous osteonecrosis of navicular and talus (SONNT). J Clinic Orthop Trauma. 2016;7(1):83-87.
- Vaishya R, Agarwal AK, Gupta N, Vijay V. Plate augmentation with retention of intramedullary nail is effective for resistant femoral shaft non-union. J Orthop. 2016; 13(4):242–245.
- Vaishya R, Vijay V, Birla VP, Agarwal AK. Inter-observer variability and its correlation to experience in measurement of lower limb mechanical axis on long leg radiographs. J Clinic Orthop Trauma. 2016; 7(4): 260-264.
- Vaishya R, Agarwal AK, Gupta N, Vijay V. Sartorius muscle pedicle iliac bone graft for the treatment of avascular necrosis of femur head. J Hip Preserv Surg. 2016; 3(3): 215-222.
- Vaishya R, Agarwal AK, Gupta N, Vijay V. Chronic lymphedema of the lower limb: a rare cause of dislocation of total hip arthroplasty. Cureus. 2016; 8(4): e579.
- Vaish A, Vaishya R, Agarwal AK, Vijay V. Stress fracture of the proximal tibia after total knee arthroplasty. BMJ Case Rep. 2016; DOI:10.1136/bcr-2016-214886.
- Vaishya R, Vijay V, Pandit RS, Agarwal AK. Mega prosthetic replacement of elbow for resistant nonunion of distal humerus. J Orthop Case Rep. 2016;6(2): 46-49.
- Rai BK , Vaishya R, Agarwal AK. Spontaneous bone regeneration in an open segmental fracture of the forearm with extruded middle segment. Cureus. 2016; 8(9): e772.
- Vaishya R, Azizi AT, Agarwal AK, Vijay V. Apophysitis of the Tibial Tuberosity (Osgood-Schlatter Disease): A Review. Cureus. 2016; 8(9): e780.
- Vaishya R, Vijay V, Agarwal AK. Adhesive capsulitis: Current practice guidelines. Apollo Medicine. 2016;13(3):198-202.
- Vaishya R, Vijay V, Wamae D, Agarwal AK.. Is total knee replacement justified in the morbidly obese? A Systematic Review. Cureus. 2016; 8(9): e804.

- Vaishya R, Vijay V, Wamae D, Agarwal AK. Letter to editor. Response to: Open reduction and internal fixation of capitellar fracture through anterolateral approach with headless double threaded compression screws: a series of 16 patients. J Shoulder Elbow Surg. 2016;25(10):e314.
- Vaishya R, Agarwal AK, Vijay V. Bilateral groin pain in a young man. BMJ. 2016; 355: i5025.
- Vaishya R, Agarwal AK, Azizi A, et al. Haglund's Syndrome: A Commonly Seen mysterious Condition. Cureus. 2016; 8(10): e820.
- Vaishya R, Krishnan M, Vijay V, Agarwal AK. A Rare Combination of Complex Elbow Dislocation and Distal Radial Fracture in Adults. Cureus. 2016; 8(11): e868.
- Vaishya R, Vijay V, Nwagbara IC, Agarwal AK. Diffuse idiopathic skeletal hyperostosis (DISH) – A common but less known cause of back pain. Apollo Medicine.  
<http://dx.doi.org/10.1016/j.jcot.2016.11.006>.
- Panthi S, Khatri K, Kharel K, Agarwal AK et al. Outcome of percutaneous release of tennis elbow: a non-randomized controlled trial study. Cureus; 2017: 9(1): e952.
- Panthi S, Khatri K, Kharel K, Agarwal Ak et al. Radiological and functional outcome of medial epicondyle fracture treated surgically in children and adolescents: a retrospective study. Cureus. 2017; 9(1): e953.
- Panthi S, Khatri K, Kharel K, Agarwal AK et al. Radiological and functional outcome of displaced colles' fracture managed with closed reduction and percutaneous pinning: A prospective study. Cureus. 2017; 9(1): e960.
- Vaishya R, Vijay V, Agarwal AK. Letter to the Editor on 'Tibiofemoral Dislocation After Total Knee Arthroplasty'. J Arthroplasty. 2016. <http://dx.doi.org/10.1016/j.arth.2016.10.022>.
- Vaishya R, Vijay V, Agarwal AK. Healing of pathological fracture in a case of multiple myeloma. BMJ case rep. Jan 2017. doi:10.1136/bcr-2016-218672.
- Tiwari M, Vaishya R, Agarwal AK, Vijay V. Tourniquet during total knee arthroplasty: A review. Apollo Medicine. <http://dx.doi.org/10.1016/j.apme.2017.01.005>.
- Vaishya R, Agarwal AK, Panthi S, et al. (March 04, 2017) Bilateral Patella Dislocation after Total Knee Arthroplasty: A Report of Two Cases and a Review of the Literature. Cureus; 9(3): e1075. DOI 10.7759/cureus.1075.
- Vaishya R, Agarwal AK, Vijay V, et al. A Brown Tumor of Tibial Diaphysis Masquerading as Malignancy . Cureus 2017; 9(6): e1319. doi:10.7759/cureus.1319.
- Vaishya R, Butta H, Sardana R, Vaish A, Vijay V, Agarwal AK, Mendiratta L. Letter to the Editor on "Periprosthetic Joint Infections Caused by Enterococci Have Poor Outcomes". J Arthroplasty. 2017 Apr 29. pii: S0883-5403(17)30346-7. doi: 10.1016/j.arth.2017.04.024

- Vaishya R, Agarwal AK, Jaiswal C, Vijay V, Vaish A. Bilateral Simultaneous Revision Total Knee Arthroplasty as a Single Staged Procedure: A Case Report and Review of Literature. Cureus. 2017 Mar 23;9(3):e11112. doi: 10.7759/cureus.11112.
- Vaishya R, Krishnan M, Vijay V, Agarwal AK. Arthroscopic management of popliteal cyst: Comments and concerns. Indian J Orthop. 2017 Mar-Apr;51(2):229. doi: 10.4103/ortho.IJORTHO\_164\_16.
- Vaishya R, Pandit R, Agarwal AK, Vijay V. Intra-articular hyaluronic acid is superior to steroids in knee osteoarthritis: A comparative, randomized study. J Clin Orthop Trauma. 2017 Jan-Mar;8(1):85-88. doi: 10.1016/j.jcot.2016.09.008.
- Vaishya R, Azizi AT, Agarwal AK, Vijay V. Arthroscopic assisted ankle arthrodesis: A retrospective study of 32 cases. J Clin Orthop Trauma. 2017 Jan-Mar;8(1):54-58. doi: 10.1016/j.jcot.2016.12.002
- Vaishya R, Vijay V, Agarwal AK, Vaish A. Where do we need more than one approach for acetabular fractures and which one first. Trauma international. 2017; 3(1):1-4.

## Frequently Asked Questions

### 1. Where does Dr. Prof Amit Kumar Agarwal practice?

Dr. Prof Amit Kumar Agarwal currently practices at Apollo Hospitals, located in Delhi.

### 2. Who is Dr. Prof Amit Kumar Agarwal?

Dr. Prof Amit Kumar Agarwal is a highly experienced Orthopaedician with 15 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Pelvis Fracture Treatment Management, Sports Injury Treatment Management, Regenerative Therapy For Joints Rheumatoid Arthritis Treatment. He also treats conditions such as Carpal Tunnel Syndrome, Sports Injury.

### 3. Why do patients choose Dr. Prof Amit Kumar Agarwal?

Patients trust Dr. Prof Amit Kumar Agarwal for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### 4. What is Dr. Prof Amit Kumar Agarwal's specialization?

Dr. Prof Amit Kumar Agarwal specializes in Orthopaedics, with expertise in treatments for Pelvis Fracture Treatment, Regenerative Therapy For Joints, Rheumatoid Arthritis Treatment.

## **5. What are Dr. Prof Amit Kumar Agarwal's medical qualifications?**

Dr. Prof Amit Kumar Agarwal holds prestigious qualifications, including MBBS, MS (Orth) PGI, DNB (Orth), MCh (Orth) USAIM, MCh (Orth) UK, MNAMS, MIMSA, Dip.SICOT (Belgium).

## **6. How many years of experience does Dr. Prof Amit Kumar Agarwal have?**

Dr. Prof Amit Kumar Agarwal has 15 years of experience in the medical field, treating various conditions related to Orthopaedics.

## **7. How can I book an appointment with Dr. Prof Amit Kumar Agarwal?**

You can book an appointment with Dr. Prof Amit Kumar Agarwal through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.