



## Dr Raja Mahesh

MBBS, MRCP (UK) 15+ Years Experience

Dr Raja Mahesh is a top Nephrologist in Chennai at Apollo Hospitals Greams Road Chennai, Apollo Firstmed Hospital . Book appointment online with Dr Raja Mahesh at Ask Apollo.

### Hospitals

[Apollo Hospitals, Greams Road, Chennai ,](#)

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
13:00 -17:00



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## Overview

Dr. Raja Mahesh is a highly experienced Nephrologist based in Chennai, Tamil Nadu, with over 15 years of dedicated practice in the field of nephrology. He has garnered a reputation for his expertise in diagnosing and treating kidney-related ailments, utilizing current best practices and advanced medical techniques. Dr. Mahesh holds the esteemed qualification of MBBS, MRCP (UK), reflecting his commitment to maintaining the highest standards of medical education and patient care. His fluency in English allows him to communicate effectively with a diverse patient population, ensuring that each individual understands their condition and treatment options fully. As a distinguished member of the Apollo network, Dr. Mahesh is committed to providing comprehensive renal care, always prioritizing the health and well-being of his patients. His approach is characterized by compassion, attentiveness, and a thorough methodology, making him a trusted figure in the community. Patients seeking specialized care for kidney diseases will find in Dr. Mahesh not only a skilled physician but also a supportive partner in their health journey.

# Experience

- Worked in various hospital from 1995- 2003
- Working in Apollo Hospitals since last Assignment

## Awards

- Awarded "**Dr. LEELA KRISHNAMURTI MEMORIAL AWARD**" for Undergraduates for the best paper "VARIATIONS IN THE ORIGIN AND COURSE OF MUSCULOCUTANEOUS NERVE IN THE ARM", presented at scientific session during the 22nd Annual Conference of the Association of Anatomists, Tamilnadu State, India in the year 1999
- Selected as one among the top 10 candidates for the "**ALL INDIA BEST ORTHOPEDIC RESIDENT AWARD**", by Bombay Orthopaedic Society, India in 2009
- Selected as member of **INTERNATIONAL EDUCATION COMMITTEE** of North American Spine society on 11<sup>th</sup> January 2014
- Awarded medal for '**Youngest Spine surgeon to be certified by American Spinal Injury association**' in 2014
- Selected as Committee member of **SPINE JOURNAL AND SPINE LINE EDITORIAL BOARD** of North American Spine society on 11<sup>th</sup> January 2014
- Selected as Editorial board member of **INTERNATIONAL JOURNAL OF ORTHOPAEDICS** on 20<sup>th</sup> March 2014
- Awarded **MEDAL OF EXCELLENCE** for conducting live surgery on deformity correction of spine, at **Christian Doppler university hospital - Salzburg, Austria** in June 2015

## CREDENTIALS

- Certified for **Outstanding performance** in the subject of Anatomy, especially in participation of seminars, scoring in quiz, MCQ competitions and attending classes, in Rajah Muthiah Medical College, Annamalai University, Tamilnadu State, India in the year 1999
- Submitted a dissertation on the topic "**Cerebellum and its clinical anatomy**" in the dissertation competition conducted by the Association of Anatomists - Tamilnadu state, India in the year 2001
- Underwent simulated training on "**Ethiskills Orthopaedic**" (Training in various surgical knots & sutures) organized at Ethicon Institute of Surgical Education (**Division of Johnson & Johnson**), Chennai, India in the year 2006

- Participated & successfully completed **20 exams** in various aspects of spine namely,
  - 1) Dynamic stabilization in the treatment of chronic low back pain
  - 2) Failed back surgery syndrome
  - 3) Anterior Lumbar Inter-body Fusion
  - 4) Ankylosing Spondylitis
  - 5) Cervical Pseudarthrosis
  - 6) Scoliosis
  - 7) ACDF and ACCF Procedures
  - 8) Anterior Surgical Approach to the Thoracolumbar Spine
  - 9) Lumbar Osteoporosis Treatment Options
  - 10) Total Cervical Disc Replacement
  - 11) Post-Traumatic Kyphosis and Flatback Syndrome
  - 12) Isthmic Spondylolisthesis
  - 13) Tumors
  - 14) Diffuse Idiopathic Skeletal Hyperostosis
  - 15) Lumbar Discectomy (Varying Styles)
  - 16) Biomechanical Force and Morphology
  - 17) Posterior Cervical Surgery
  - 18) Scheuermann's Kyphosis
  - 19) Transforaminal Lumbar Inter-body Fusion
  - 20) Total Lumbar Disc Replacement
- Conducted by **SCHOOL OF MEDICINE, UNIVERSITY OF CALIFORNIA, SANDIEGO** in association with Interactive Education Program on Spine, in the year 2009
- Participated & successfully completed the following **JOURNAL OF BONE & JOINT SURGERY (JBJS)**  
**CME Activity: "Spine Test 14"** on August 23<sup>rd</sup> 2009
- Completed the **InSTeP**, training for the International Standards for the Classification of Spinal Cord Injury conducted by **AMERICAN SPINAL INJURY ASSOCIATION** on September 3<sup>rd</sup> 2009
- Completed the **WeeSTeP**, Pediatric considerations training for the International Standards for the Classification of Spinal Cord Injury conducted by **AMERICAN SPINAL INJURY ASSOCIATION** on October 24<sup>th</sup> 2009
- Completed **ASTeP**, Autonomic systems assessment module training conducted by **AMERICAN SPINAL INJURY ASSOCIATION** on December 22<sup>nd</sup> 2012

# Research and Publication

- I Contributed to 2 chapters for the 200 UK renal registry report based on the national Renal Review( 1998)
- Trends in adult renal replacement therapy in the UK – 1982- 2002
- I have contributed a chapter on Diabetic nephropathy for a text book on Diabetic retinopathy
- Clinical research fellow in Nephrology with Prof. Feest at the UK Renal registry in Brisol
- Coordinated the Brisol wing of a multi – centre double blind, Placebo controlled study of atorvastatin in CAPD patients with DSyslipidaemia

## Frequently Asked Questions

### 1. Where does Dr. Raja Mahesh practice?

Dr. Raja Mahesh's medical practice is located at Apollo Hospitals, Greams Road Chennai. This hospital offers comprehensive healthcare services and renowned medical expertise.

### 2. Who is Dr. Raja Mahesh?

Dr Raja Mahesh is a renowned Nephrologist with over 15 years of experience. He practices in Chennai at Apollo Hospitals Greams Road Chennai. Dr Raja Mahesh holds a degree in MBBS, MRCP (UK). He provides treatments including Acute Kidney Disease Aki Treatment, Nephrotic Syndrome Treatment, Chronic Kidney Disease Ckd Treatment. He specializes in treating conditions like Nephrotic syndrome, Polycystic kidney disease, Acute Renal Failure.

### 3. Why do patients visit Dr. Raja Mahesh?

Patients often seek Dr. Raja Mahesh's expertise for Urinary Tract Infection (UTI) and Kidney Stone treatment. For a comprehensive understanding of his practice, please refer to his profile.

### 4. What is Dr. Raja Mahesh's specialization?

Dr Raja Mahesh specializes in Nephrology. He has expertise in treating conditions such as Nephrotic syndrome, Polycystic kidney disease, Acute Renal Failure. His key treatments include Acute Kidney Disease Aki Treatment, Nephrotic Syndrome Treatment, Chronic Kidney Disease Ckd Treatment.

### 5. What are Dr. Raja Mahesh's medical qualifications?

Dr Raja Mahesh holds MRCP(UK), reflecting his comprehensive education in the field of Nephrology.

## **6. What is Dr. Raja Mahesh's experience?**

Dr. Raja Mahesh has 15 years of experience in nephrology.

## **7. Who is a nephrologist?**

A nephrologist is a kidney specialist, a doctor specializing in the diagnosis, treatment, and management of kidney diseases. They are experts in nephrology.

## **8. Can a nephrologist treat a urinary tract infection?**

Nephrologists specialize in kidney disease. While they can treat a urinary tract infection that affects the kidneys, a general physician is also equipped to manage a urinary tract infection.

## **9. Does a nephrologist perform kidney transplants?**

Nephrologists specializing in kidney transplant surgery can perform the procedure. However, a nephrologist without surgical training cannot. A nephrosurgeon is also qualified to perform kidney transplants.