



## Dr Prof Col Pradyot Sarkar

MBBS, M.D. (Psychiatry) 40+ Years Experience

### Hospitals

Apollo Hospitals, Kolkata ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
10:00 - 14:00



Call Now



Book Appointment

## Overview

Dr. Prof. Col. Pradyot Sarkar is a distinguished psychiatrist with an impressive 40 years of experience in the field of mental health. Based in Kolkata, he has dedicated his career to understanding and treating a wide range of psychiatric disorders, making him a trusted figure in the community. Dr. Sarkar holds an MBBS and an M.D. in Psychiatry, credentials that reflect his extensive training and commitment to excellence in patient care. His academic background, combined with decades of hands-on experience, equips him with a profound understanding of the complexities of mental health, allowing him to provide comprehensive and compassionate care to his patients. At Apollo Multispeciality Hospitals in Kolkata, Dr. Sarkar is known for his patient-centered approach, which emphasizes the importance of building strong therapeutic relationships. He believes that effective treatment begins with understanding each patient's unique experiences and challenges. His clinical focus encompasses a variety of mental health issues, including anxiety disorders, depression, and stress-related conditions. Dr. Sarkar employs evidence-based practices and stays abreast of the latest advancements in psychiatry, ensuring that his patients receive the most effective and up-to-date treatments available. His warm demeanor and empathetic listening skills

create a safe environment where patients feel comfortable discussing their concerns, fostering a collaborative approach to their mental health journey. Dr. Sarkar's association with Apollo Multispeciality Hospitals underscores his commitment to providing high-quality healthcare. The hospital's state-of-the-art facilities and multidisciplinary approach complement his expertise, allowing for a holistic treatment experience. As a respected member of the medical community, Dr. Sarkar is dedicated to not only treating his patients but also contributing to the broader field of psychiatry through education and mentorship. His passion for mental health advocacy and his unwavering dedication to his patients make him a valuable asset to both the hospital and the community he serves.

## Frequently Asked Questions