



# Dr Devendra Phalak

MBBS, MS, FLVPEI Retina Surgeon and Uvea Specialist 8+ Years Experience

Dr Devendra Phalak is a top Opthalmologist in Mumbai at Apollo Hospitals Navi Mumbai . Book appointment online with Dr Devendra Phalak at Ask Apollo.

Hospitals

Apollo Hospitals, Mumbai,

Doctor's Working Weekdays Fri - Sat Doctor's Working Hours 09:00 -17:30 C

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## **Overview**

Dr. Devendra Phalak is a highly qualified ophthalmologist based in Mumbai, Maharashtra, with 8 years of extensive experience in the field of ophthalmology. He is a dedicated healthcare professional who specializes in the medical and surgical treatment of eye disorders, ensuring that his patients receive the best possible care tailored to their individual needs. Dr. Phalak is proficient in various ophthalmological procedures and is committed to staying updated with the latest advancements in eye care, allowing him to provide innovative treatments. He speaks English fluently, making him accessible to a diverse range of patients. His compassionate approach and attention to detail earn him the trust and confidence of those he treats. Dr. Phalak practices at Apollo Hospitals, a renowned healthcare institution known for its state-of-the-art facilities and commitment to patient safety and satisfaction. In his practice, he emphasizes preventive care and the importance of regular eye examinations. Patients can rely on Dr. Phalak for comprehensive eye care, from routine check-ups to complex surgical procedures. Whether you are dealing with common vision problems or more serious eye conditions, Dr. Devendra Phalak is dedicated to helping you achieve optimal eye health and vision.

# **Experience**

- Have done my fellowship in vitreoretinal surgery from the estemmed LV Prasad Eye Institute,
  Hyderabad.
- I have been trained for Retinopathy of Prematurity management under stalwart Dr Subhadra Jalali and have inculacted uveitis disease management skills from another stalwart Dr Annie Mathai.
- Thereafter have worked at various hospitals and managed complex retinal surgeries relating to retinal detachment as well as diabetic retinopathy related retinal surgeries.

# Membership

- All India Ophthalmological Society ( AIOS )
- Maharashtra Ophthalmological Society (MOS)
- VitreoRetinal Society of India (VRSI)
- Delhi Ophthalmological Society (DOS)

## **Awards**

- Nangia.S. Chufal K. S. Tyagi A. Bhatnagar A. et al Selective nodal irradiation for head and neck cancer using intensity-modulated radiotherapy: application of RTOG consensus guidelines in routine clinical practice Int Journal Radiation Oncol Biol Phys 2010 Jan 76(1) 146 – 53.
- Khosa R, Nangia S, Chufal K S, Ghosh D, Kaul R, Sharma L Daily online localisation using implanted fiducials and its impact on planning target volume for prostate cancer. Journal of Cancer Research and Therapeutics 2010 72 (6) 172 -8
- Nangia S, Chufal KS, Arivazhagan V, Srinivas P, Tyagi A, Ghosh D.
- Compensator-based intensity-modulated radiotherapy in head and neck cancer: our experience in achieving dosimetric parameters and their clinical correlation. Clin Oncol 2006 Aug;18(6):485-92
- Khosa R, Seth S, Nangia S, Metachronous Solitary Plasmacytoma. BMJ Case Reports 2017.
- Nangia S, Gupta S, Agarwal S, Rastogi H, Vohra S, Goyal N, Agarwal A, Balakrishnan P, Khosa R, Rout S, Oomen S. Aggressive downstaging of hepatocellular carcinoma with portal vein tumour thrombus: Initial results of SHORT + TACE as Neoadjuvant treatment before surgery. EJC 2016;Suppl 1: S31.
- Singh M, Nangia, S, Khosa R, Singh V P. Primary intracranial sarcoma Report of two cases and a review Of literature. JCRT. 2017 Supplement, Vol. 13, pS245-S245.

- Pandey H, Nangia S, Kashyap V, Khosa R. Primary apocrine carcinoma of the axilla: A case report.
  JCRT . 2017 Supplement, Vol. 13, pS205-S206.
- R Srivastava, G Saini, Sharma PK, Chomal M, Aggarwal A, Nangia S, Garg M A technique to reduce low dose region for craniospinal irradiation (CSI) with Rapidarc and its dosimetric comparison with 3 D conformal technique. J Can Res Ther 2015;11(2): 488-91.
- Nangia S, Khosa R, Aggarwal A, Balakrishnan P, SelvaKumar A, Rout S, Oomen S In post operative radiotherapy for oral cancer, is a uniform PRV margin for the cervical spine appropriate? Head and Neck. J Can Res Ther 2015;11:57-87.
- Saini G, Aggarwal A, Srivastava R, Sharma PK, Garg M, Nangia S, Chomal M. Image-guided radiation therapy for muscle-invasive carcinoma of the urinarybladder with cone beam ct scan: use of individualized internal target volumes for a single patient. Case Rep Oncol. 2012 Sep;5(3):498-505.
- Chomal M, Saini G, Sinha A, Aggarwal A, Jain A, Shrivastava R, Sharma PK, Nangia S. In Reply to Dr. Cashmore and colleagues: Lowering whole-body radiation doses in pediatric intensity modulated radiotherapy through the use of unflattened photon beams: Cashmore J et al. (Int J Radiat Oncol Biol Phys2011;80:1220-1227). Int J Radiat Oncol Biol Phys. 2012 Mar 15;82(4):13245.
- Saini G, Aggarwal A, Sharma PK, Chomal M, Srivastava R, Nangia S, Garg M. Response to
  "Development and evaluation of multiple isocentric volumetric modulated arc therapy technique for craniospinal axis radiotherapy planning". Int J Radiat Oncol Biol Phys. 2012 Jan1;82(1):494-5.
- Datta NR, Kumar S, Nangia S, Hukku S, Ayyagari S, A non-randomized comparison of two radiotherapy protocols in inoperable squamous cell carcinoma of the oesophagus. Clin Oncol 1998;10(5):306-12
- Chufal KS, Nangia S Aggression and innovation rather than palliation. Radiother Oncol. 2008;89:123.
- Tyagi A, Nangia S, Chufal K, Mishra M, Ghosh D, and Singh M P. Quality assurance and dosimetric analysis of Intensity Modulated Radiotherapy using compensators for head and neck cancers. Med. Phys.2008 35(6) 2763-2763.
- Chufal K, Nangia S, Tyagi A, Arivazhagan V, Srinivas P, Ghosh D. Intensity modulated radiotherapy using compensators for head And neck cancer patients: Impact of dosimetric parameters on clinical outcome Int Journal of Radiation Oncology Biol Phys, 66(3) S453-S454.
- Poster Combined photon electron irradiation of post mastectomy chest wall: Preliminary results, 24th
  National Conference of AROI, Nov 2002, Bangalore.

#### **Publications under review:**

• The adjuvant conundrum in central mucoepidermoid carcinoma of the mandible: case presentation and literature review. Singh, M, Nangia S, Cudahy T, Mir R, submitted to BMJ Case Reports.

# **Research and Publication**

- Central retinal vein obstruction in a neonate occurring during laser photocoagulation treatment for retinopathy of prematurity. J Pediatr Ophthalmol Strabismus 2014; 51: e72 - e74
- DME management update: A meta-analysis of trials in DME. Kerala Journal of Ophthalmology 2014;
  Vol. XXVI, No.4: 315 330

# **Frequently Asked Questions**

### 1. Where does Dr. Devendra Phalak practice?

Dr. Devendra Phalak's medical practice is located at Apollo Hospitals, Navi Mumbai. This hospital offers comprehensive healthcare services and is known for its experienced specialists.

#### 2. Who is Dr. Devendra Phalak?

Dr Devendra Phalak is a renowned Opthalmology with over 8 years of experience. He practices in Mumbai at Apollo Hospitals Navi Mumbai. Dr Devendra Phalak holds a degree in MBBS, MS, FLVPEI Retina Surgeon and Uvea Specialist. He provides treatments including Cataract surgery (phacoemulsification), LASIK and refractive surgery, Intravitreal injections for retinal diseases. He specializes in treating conditions like Cataracts, Glaucoma, Diabetic retinopathy.

## 3. Why do patients visit Dr. Devendra Phalak?

Patients choose Dr. Devendra Phalak for comprehensive eye care, including general eye checkups, diabetic retinopathy screening and treatment, and retinal detachment surgery.

# 4. What is Dr. Devendra Phalak's specialization?

Dr Devendra Phalak specializes in Opthalmology. He has expertise in treating conditions such as Cataracts, Glaucoma, Diabetic retinopathy. His key treatments include Cataract surgery (phacoemulsification), LASIK and refractive surgery, Intravitreal injections for retinal diseases.

# 5. What are Dr. Devendra Phalak's medical qualifications?

Dr Devendra Phalak holds MBBS, MS, FLVPEI Retina Surgeon and Uvea Specialist, reflecting his comprehensive education in the field of Opthalmology.

## 6. How many years of experience does Dr. Devendra Phalak have?

Dr. Devendra Phalak has 13 years of experience in ophthalmology.

### 7. How can I book an appointment with Dr. Devendra Phalak?

To schedule an in-person appointment with Dr. Devendra Phalak, please book online through our appointment system. Contact us for assistance.

### 8. Who is an Ophthalmologist?

An ophthalmologist is a medical doctor specializing in comprehensive eye care and vision. Unlike optometrists or opticians, ophthalmologists manage a wide range of eye diseases and conditions. Their medical training allows them to refer patients to other specialists when necessary, regardless of whether the issue is directly related to the eyes.

### 9. Is an ophthalmologist different from an optometrist?

Yes, ophthalmologists and optometrists offer distinct eye care services. Optometrists manage common eye conditions and some chronic diseases such as glaucoma. Ophthalmologists address a wider range of eye disorders, including complex issues requiring surgical intervention.